

Somatotype Changes in Adolescence Among Dogras of Jammu and Kashmir, India

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ABSTRACT In the present study the changes in somatotype components of three Dogra population groups of Jammu district have been investigated. Anthropometric data on 724 Dogra boys ranging from 8+ to 18+ years have been collected in 1989. The sample comprised of 226 Dogra Brahmans, 236 Dogra Rajput and 262 Scheduled caste boys. Each subject has been somatotype using Health and Carter anthropometric method. The somatotype components of all the three population groups do not change with age. In all the three population groups, mesomorphic-ectomorph component which is dominant at 8+ continues to be so till 18+ years of age. There is not much change in the somatotype ratings during adolescence.